

Pepermans 2026: Session: 1: COACH evaluation sheet for TEAM: ZGEEL

Coachinfo: Warming up from: 08:00 untill 08:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: De Ridder Fedor

Coaches: Vereecken Sven

Coaches: Van Asten Bart HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 2: 50M BREASTSTROKE MEN 11-12			Heat:1, starttime: 09:04
Heat: 1/3 Lane : 5 Athlete: NIEUWENHUIS ISAAC			Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time			
PB	5 0 M		
	no time		
	no time		
			

Coach feedback:

Event number: 2: 50M BREASTSTROKE MEN 11-12			Heat:1, starttime: 09:04
Heat: 1/3 Lane : 7 Athlete: VAN MEER RUNE			Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time			
PB	5 0 M		
	no time		
	no time		
			

Coach feedback:

Event number: 2: 50M BREASTSTROKE MEN 11-12			Heat:2, starttime: 09:06
Heat: 2/3 Lane : 6 Athlete: RAMSDONCK KRIS			Q-time: 00:57:70
PB (50m pool): no time PB (25m pool): 00:57.70 SB: no time			
PB	5 0 M		
	no time		
	no time		
			

Coach feedback:

Pepermans 2026: Session: 1: COACH evaluation sheet for TEAM: ZGEEL

Event number: 3: 50M BUTTERFLY WOMEN 13-14						Heat:3, starttime: 09:11	
Heat: 3/6 Lane : 3 Athlete: HUFKENS ELINA						Q-time: 00:41:55	
PB (50m pool): no time						PB (25m pool): 00:41.55 SB: no time	
	5 0 M						
PB	no time						
	no time						
							

Coach feedback:

Event number: 3: 50M BUTTERFLY WOMEN 13-14						Heat:6, starttime: 09:15	
Heat: 6/6 Lane : 5 Athlete: BOOGERS NOOR						Q-time: 00:32:42	
PB (50m pool): 00:36.91 Antwerpen 20/04/2025						PB (25m pool): 00:32.42 SB: no time	
	5 0 M						
PB	00:36.91						
	00:36.91						
							

Coach feedback:

Event number: 4: 50M FREESTYLE MEN 13-14						Heat:1, starttime: 09:16	
Heat: 1/2 Lane : 6 Athlete: GOOSSENS FERRE						Q-time: 99:99:99	
PB (50m pool): no time						PB (25m pool): no time SB: no time	
	5 0 M						
PB	no time						
	no time						
							

Coach feedback:

Event number: 5: 100M BACKSTROKE WOMEN 11-12			Heat:1, starttime: 09:18		
Heat: 1/6 Lane : 5 Athlete: MAERTENS HELENA			Q-time: 01:49:54		
PB (50m pool): no time			PB (25m pool): 01:49.54 SB: no time		
	5 0 M	1 0 0 M			
PB	no time	no time			
	no time				
					

Coach feedback:

Pepermans 2026: Session: 1: COACH evaluation sheet for TEAM: ZGEEL

Event number: 5: 100M BACKSTROKE WOMEN 11-12			Heat:1, starttime: 09:18
Heat: 1/6 Lane : 6 Athlete: SCHEPERS LENTHE			Q-time: 01:52:25
PB (50m pool): no time			PB (25m pool): 01:52.25 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		

Coach feedback:

Event number: 5: 100M BACKSTROKE WOMEN 11-12			Heat:2, starttime: 09:21
Heat: 2/6 Lane : 1 Athlete: AERTS SIEN			Q-time: 01:43:42
PB (50m pool): no time			PB (25m pool): 01:43.42 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		

Coach feedback:

Event number: 5: 100M BACKSTROKE WOMEN 11-12			Heat:2, starttime: 09:21
Heat: 2/6 Lane : 6 Athlete: VEREECKEN WANTER FELINE			Q-time: 01:41:66
PB (50m pool): no time			PB (25m pool): 01:41.66 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		

Coach feedback:

Event number: 5: 100M BACKSTROKE WOMEN 11-12			Heat:6, starttime: 09:30
Heat: 6/6 Lane : 2 Athlete: DE RIDDER ROXANE			Q-time: 01:21:10
PB (50m pool): 01:28.78 Wezenberg 05/01/2025			PB (25m pool): 01:21.10 SB: no time
	5 0 M	1 0 0 M	
PB	00:42.57	01:28.78	
	00:42.57	00:46.21	

Coach feedback:

Pepermans 2026: Session: 1: COACH evaluation sheet for TEAM: ZGEEL

Event number: 6: 100M BREASTSTROKE MEN 11-12			Heat:2, starttime: 09:35
Heat: 2/4 Lane : 8 Athlete: CORREIA DE OLIVEIRA TIAGO			Q-time: 02:07:08
PB (50m pool): no time			PB (25m pool): 02:07.08 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		

Coach feedback:

Event number: 6: 100M BREASTSTROKE MEN 11-12			Heat:3, starttime: 09:38
Heat: 3/4 Lane : 8 Athlete: DE FEYTER LUCAS			Q-time: 01:46:08
PB (50m pool): no time			PB (25m pool): 01:46.08 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		

Coach feedback:

Event number: 6: 100M BREASTSTROKE MEN 11-12			Heat:4, starttime: 09:40
Heat: 4/4 Lane : 5 Athlete: MAES MATHIJS			Q-time: 01:28:78
PB (50m pool): 01:28.78 Antwerpen 20/07/2025			PB (25m pool): 01:26.39 SB: no time
	5 0 M	1 0 0 M	
PB	00:41.97	01:28.78	
	00:41.97	00:46.81	

Coach feedback:

Event number: 7: 100M BUTTERFLY WOMEN 13-14			Heat:1, starttime: 09:42
Heat: 1/4 Lane : 2 Athlete: NIEUWENHUIS ZOë			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		

Coach feedback:

Pepermans 2026: Session: 1: COACH evaluation sheet for TEAM: ZGEEL

Event number: 7: 100M BUTTERFLY WOMEN 13-14			Heat:1, starttime: 09:42
Heat: 1/4 Lane : 4 Athlete: DJONOU IMBA ITZANA			Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		

Coach feedback:

Event number: 7: 100M BUTTERFLY WOMEN 13-14			Heat:1, starttime: 09:42
Heat: 1/4 Lane : 5 Athlete: GOOSSENS MARTHE			Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		

Coach feedback:

Event number: 7: 100M BUTTERFLY WOMEN 13-14			Heat:2, starttime: 09:44
Heat: 2/4 Lane : 2 Athlete: MOERKENS FIEN			Q-time: 01:39:92
PB (50m pool): 01:39.92 Mol 22/06/2025 PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M	
PB	00:46.42	01:39.92	
	00:46.42	00:53.50	

Coach feedback:

Event number: 7: 100M BUTTERFLY WOMEN 13-14			Heat:2, starttime: 09:44
Heat: 2/4 Lane : 3 Athlete: VAN ASTEN RENÉE			Q-time: 01:34:94
PB (50m pool): no time PB (25m pool): 01:34.94 SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		

Coach feedback:

Pepermans 2026: Session: 1: COACH evaluation sheet for TEAM: ZGEEL

Event number: 7: 100M BUTTERFLY WOMEN 13-14			Heat:2, starttime: 09:44
Heat: 2/4 Lane : 6 Athlete: WOUTERS DORA			Q-time: 01:35:56
PB (50m pool): 01:47.99 Mol 22/06/2025			PB (25m pool): 01:35.56 SB: no time
	5 0 M	1 0 0 M	
PB	00:46.42	01:47.99	
	00:46.42	01:01.57	
			

Coach feedback:

Event number: 7: 100M BUTTERFLY WOMEN 13-14			Heat:4, starttime: 09:48
Heat: 4/4 Lane : 2 Athlete: VAN TILBURG FRAUKE			Q-time: 01:13:39
PB (50m pool): 01:18.36 Antwerpen 20/07/2025			PB (25m pool): 01:13.39 SB: no time
	5 0 M	1 0 0 M	
PB	00:35.97	01:18.36	
	00:35.97	00:42.39	
			

Coach feedback:

Event number: 7: 100M BUTTERFLY WOMEN 13-14			Heat:4, starttime: 09:48
Heat: 4/4 Lane : 7 Athlete: BRAEKEN CHARLOTTE			Q-time: 01:18:46
PB (50m pool): 01:18.46 Antwerp 02/02/2025			PB (25m pool): 01:14.84 SB: no time
	5 0 M	1 0 0 M	
PB	00:36.01	01:18.46	
	00:36.01	00:42.45	
			

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 13-14			Heat:6, starttime: 09:59
Heat: 6/9 Lane : 3 Athlete: NEYRINCK RUBEN			Q-time: 01:08:97
PB (50m pool): 01:13.10 Lago Gent Rozebroeken 04/05/2025			PB (25m pool): 01:08.97 SB: no time
	5 0 M	1 0 0 M	
PB	00:35.23	01:13.10	
	00:35.23	00:37.87	
			

Coach feedback:

Pepermans 2026: Session: 1: COACH evaluation sheet for TEAM: ZGEEL

Event number: 8: 100M FREESTYLE MEN 13-14			Heat:6, starttime: 09:59
Heat: 6/9 Lane : 8 Athlete: LIEVENS RUBE			Q-time: 01:10:07
PB (50m pool): no time			PB (25m pool): 01:10.07 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
	no time		

Coach feedback:

Event number: 9: 50M BREASTSTROKE WOMEN 11-12			Heat:2, starttime: 10:07
Heat: 2/4 Lane : 3 Athlete: SCHEPERS LENTHE			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M		
PB	no time		
	no time		
	no time		

Coach feedback:

Event number: 9: 50M BREASTSTROKE WOMEN 11-12			Heat:2, starttime: 10:07
Heat: 2/4 Lane : 5 Athlete: AERTS SIEN			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M		
PB	no time		
	no time		
	no time		

Coach feedback:

Event number: 9: 50M BREASTSTROKE WOMEN 11-12			Heat:2, starttime: 10:07
Heat: 2/4 Lane : 6 Athlete: VEREECKEN WANTER FELINE			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M		
PB	no time		
	no time		
	no time		

Coach feedback:

Pepermans 2026: Session: 1: COACH evaluation sheet for TEAM: ZGEEL

Event number: 9: 50M BREASTSTROKE WOMEN 11-12										Heat:3, starttime: 10:09	
Heat: 3/4 Lane : 3 Athlete: MAERTENS HELENA										Q-time: 00:49:03	
PB (50m pool): no time										PB (25m pool): 00:49.03 SB: no time	
	5 0 M										
PB	no time										
	no time										
											

Coach feedback:

Event number: 10: 50M BUTTERFLY MEN 11-12					Heat:1, starttime: 10:12				
Heat: 1/5 Lane : 4 Athlete: NIEUWENHUIS ISAAC					Q-time: 99:99:99				
PB (50m pool): no time					PB (25m pool): no time SB: no time				
	5 0 M								
PB	no time								
	no time								
									

Coach feedback:

Event number: 10: 50M BUTTERFLY MEN 11-12										Heat:1, starttime: 10:12	
Heat: 1/5 Lane : 5 Athlete: CORREIA DE OLIVEIRA TIAGO										Q-time: 99:99:99	
PB (50m pool): no time										PB (25m pool): no time SB: no time	
	5 0 M										
PB	no time										
	no time										
											

Coach feedback:

Event number: 10: 50M BUTTERFLY MEN 11-12										Heat:1, starttime: 10:12	
Heat: 1/5 Lane : 7 Athlete: VAN MEER RUNE										Q-time: 99:99:99	
PB (50m pool): no time										PB (25m pool): no time SB: no time	
	5 0 M										
PB	no time										
	no time										
											

Coach feedback:

Pepermans 2026: Session: 1: COACH evaluation sheet for TEAM: ZGEEL

Event number: 11: 50M FREESTYLE WOMEN 13-14			Heat:1, starttime: 10:18
Heat: 1/2 Lane : 3 Athlete: HUFKENS ELINA			Q-time: 00:37:73
PB (50m pool): 00:37.73 Antwerpen 13/07/2025			PB (25m pool): 00:34.61 SB: no time
	5 0 M		
PB	00:37.73		
	00:37.73		
			

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 13-14			Heat:1, starttime: 10:18
Heat: 1/2 Lane : 5 Athlete: NIEUWENHUIS ZOë			Q-time: 00:36:34
PB (50m pool): no time			PB (25m pool): 00:36.34 SB: no time
	5 0 M		
PB	no time		
	no time		
			

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 13-14			Heat:2, starttime: 10:19
Heat: 2/2 Lane : 1 Athlete: DJONOU IMBA ITZANA			Q-time: 00:34:88
PB (50m pool): no time			PB (25m pool): 00:34.88 SB: no time
	5 0 M		
PB	no time		
	no time		
			

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 13-14			Heat:2, starttime: 10:19
Heat: 2/2 Lane : 2 Athlete: MOERKENS FIEN			Q-time: 00:33:94
PB (50m pool): 00:33.94 Mol 22/06/2025			PB (25m pool): 00:33.02 SB: no time
	5 0 M		
PB	00:33.94		
	00:33.94		
			

Coach feedback:

Pepermans 2026: Session: 1: COACH evaluation sheet for TEAM: ZGEEL

Event number: 11: 50M FREESTYLE WOMEN 13-14						Heat:2, starttime: 10:19	
Heat: 2/2 Lane : 4 Athlete: VAN TILBURG FRAUKE						Q-time: 00:32:15	
PB (50m pool): 00:32.15 Mol 22/06/2025						PB (25m pool): 00:30.34 SB: no time	
	5 0 M						
PB	00:32.15						
	00:32.15						
							

Coach feedback:

Event number: 12: 50M BACKSTROKE MEN 13-14						Heat:1, starttime: 10:20	
Heat: 1/3 Lane : 4 Athlete: GOOSSENS FERRE						Q-time: 99:99:99	
PB (50m pool): no time						PB (25m pool): no time SB: no time	
	5 0 M						
PB	no time						
	no time						
							

Coach feedback:

Event number: 12: 50M BACKSTROKE MEN 13-14					Heat:3, starttime: 10:23				
Heat: 3/3 Lane : 1 Athlete: LIEVENS RUBE					Q-time: 00:39:79				
PB (50m pool): no time					PB (25m pool): 00:39.79 SB: no time				
	5 0 M								
PB	no time								
	no time								
									

Coach feedback:

Event number: 13: 100M BREASTSTROKE WOMEN 11-12			Heat:6, starttime: 10:46		
Heat: 6/6 Lane : 1 Athlete: DE RIDDER ROXANE			Q-time: 01:33:84		
PB (50m pool): 01:40.09 Antwerpen 20/07/2025			PB (25m pool): 01:33.84 SB: no time		
	5 0 M	1 0 0 M			
PB	00:47.30	01:40.09			
	00:47.30	00:52.79			
					

Coach feedback:

Pepermans 2026: Session: 1: COACH evaluation sheet for TEAM: ZGEEL

Event number: 14: 100M BUTTERFLY MEN 11-12			Heat:1, starttime: 10:49
Heat: 1/2 Lane : 4 Athlete: DE FEYTER LUCAS			Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		

Coach feedback:

Event number: 14: 100M BUTTERFLY MEN 11-12			Heat:2, starttime: 10:51
Heat: 2/2 Lane : 2 Athlete: RAMSDONCK KRIS			Q-time: 01:35:06
PB (50m pool): 01:46.09 Mol 22/06/2025 PB (25m pool): 01:35.06 SB: no time			
	5 0 M	1 0 0 M	
PB	00:47.56	01:46.09	
	00:47.56	00:58.53	

Coach feedback:

Event number: 14: 100M BUTTERFLY MEN 11-12			Heat:2, starttime: 10:51
Heat: 2/2 Lane : 6 Athlete: MAES MATHIJS			Q-time: 01:29:33
PB (50m pool): 01:29.33 Antwerpen 20/07/2025 PB (25m pool): 01:26.28 SB: no time			
	5 0 M	1 0 0 M	
PB	00:40.15	01:29.33	
	00:40.15	00:49.18	

Coach feedback:

Event number: 15: 100M FREESTYLE WOMEN 13-14			Heat:3, starttime: 10:57
Heat: 3/9 Lane : 5 Athlete: WOUTERS DORA			Q-time: 01:18:75
PB (50m pool): 01:18.75 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 01:14.34 SB: no time			
	5 0 M	1 0 0 M	
PB	00:38.25	01:18.75	
	00:38.25	00:40.50	

Coach feedback:

Pepermans 2026: Session: 1: COACH evaluation sheet for TEAM: ZGEEL

Event number: 15: 100M FREESTYLE WOMEN 13-14			Heat:4, starttime: 10:59
Heat: 4/9 Lane : 7 Athlete: GOOSSENS MARTHE			Q-time: 01:16:34
PB (50m pool): 01:20.35 Antwerpen 13/07/2025			PB (25m pool): 01:16.34 SB: no time
	5 0 M	1 0 0 M	
PB	00:39.70	01:20.35	
	00:39.70	00:40.65	
			

Coach feedback:

Event number: 15: 100M FREESTYLE WOMEN 13-14			Heat:5, starttime: 11:00
Heat: 5/9 Lane : 6 Athlete: VAN ASTEN RENÉE			Q-time: 01:12:33
PB (50m pool): 01:19.70 Lago Gent Rozebroeken 04/05/2025			PB (25m pool): 01:12.33 SB: no time
	5 0 M	1 0 0 M	
PB	00:39.54	01:19.70	
	00:39.54	00:40.16	
			

Coach feedback:

Event number: 15: 100M FREESTYLE WOMEN 13-14			Heat:6, starttime: 11:02
Heat: 6/9 Lane : 1 Athlete: BOOGERS NOOR			Q-time: 01:10:77
PB (50m pool): 01:10.77 Antwerpen 13/07/2025			PB (25m pool): 01:06.14 SB: no time
	5 0 M	1 0 0 M	
PB	00:34.51	01:10.77	
	00:34.51	00:36.26	
			

Coach feedback:

Event number: 15: 100M FREESTYLE WOMEN 13-14			Heat:6, starttime: 11:02
Heat: 6/9 Lane : 4 Athlete: BRAEKEN CHARLOTTE			Q-time: 01:09:58
PB (50m pool): 01:09.58 Antwerp 02/02/2025			PB (25m pool): 01:06.19 SB: no time
	5 0 M	1 0 0 M	
PB	00:32.90	01:09.58	
	00:32.90	00:36.68	
			

Coach feedback:

Pepermans 2026: Session: 1: COACH evaluation sheet for TEAM: ZGEEL

Event number: 16: 100M BACKSTROKE MEN 13-14			Heat:7, starttime: 11:22
Heat: 7/8 Lane : 7 Athlete: NEYRINCK RUBEN			Q-time: 01:16:96
PB (50m pool): 01:25.77 Antwerpen 21/07/2024			PB (25m pool): 01:16.96 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:25.77	
	no time		
			

Coach feedback:

Event number: 17: 50M BUTTERFLY WOMEN 11-12			Heat:1, starttime: 11:26
Heat: 1/8 Lane : 5 Athlete: SCHEPERS LENTHE			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M		
PB	no time		
	no time		
			

Coach feedback:

Event number: 19: 50M BACKSTROKE WOMEN 13-14			Heat:1, starttime: 11:40
Heat: 1/2 Lane : 2 Athlete: GOOSSENS MARTHE			Q-time: 00:45:04
PB (50m pool): 00:45.04 Mol 22/06/2025			PB (25m pool): no time SB: no time
	5 0 M		
PB	00:45.04		
	00:45.04		
			

Coach feedback: